



MON	TUE	WED	THU	FRI	
<p><b>JCS Kosher Senior Cafe is supported by: The Jewish Alliance of Greater RI &amp; Blackstone Health</b></p>		<p><b>Contact Tim at Blackstone Health with concerns regarding food allergies: 401-365-1101</b></p>			
<p>Lentil Spinach Soup <b>3</b> <b>Pizza Baguette</b> Hardboiled Eggs Tossed Salad Fresh Fruit</p>	<p>Bean Soup <b>4</b> <b>Potato Latkes</b> Apple Sauce Sautéed Zucchini Fresh Fruit</p>	<p>100% Apple Juice <b>5</b> Chicken Schnitzel Vegetable Kugel Salad Fruit</p>	<p><b>6</b> Closed for Passover</p>	<p><b>7</b> Closed for Passover</p>	
<p>100% Apple Juice <b>10</b> <b>Chef's Salad</b> With Deli Meat Matzo Fresh Fruit</p>	<p>Tossed Salad <b>11</b> <b>Chicken Cutlets</b> Potato latkes Matzo Fresh Fruit</p>	<p><b>12</b> Closed for Passover</p>	<p><b>13</b> Closed for Passover</p>	<p>Tossed Salad <b>14</b> <b>Meatballs</b> Apple Kugel Matzo Fresh Fruit</p>	
<p>Tomato Soup <b>17</b> <b>Grilled Cheese</b> Tossed Salad Fresh Fruit</p>	<p>Mushroom Soup <b>18</b> <b>Vegetarian Chicken Parm.</b> Pasta &amp; Sauce Sliced Peaches</p>	<p>100% Apple Juice <b>19</b> <b>Philly Steak</b> Sautéed Onions &amp; Peppers French Fries Fresh Fruit</p>	<p><b>20</b> Tossed Salad <b>Noodle Kugel</b> Carrots, Sour Cream Whole Grain Bread Fresh Fruit</p>	<p>Chicken Soup <b>21</b> <b>Orange Chicken</b> Brown Rice Pilaf Green Beans Challah Frosted Strawberry Cake</p>	
<p>Tossed Salad <b>24</b> <b>Cheese Pizza</b> Hardboiled Eggs Carrots Fresh Fruit</p>	<p>Minestrone Soup <b>25</b> <b>Tortellini &amp; Alfredo Sauce</b> Tossed Salad Sliced Peaches</p>	<p>Israeli Salad <b>26</b> <b>Falafel &amp; Hummus</b> Cheese Burekas Pita Bread Fresh Fruit</p>	<p><b>27</b> Vegetable Soup <b>Baked Ziti</b> Carrots Fresh Fruit</p>	<p><b>28</b> Chicken Soup <b>Schwarma Chicken</b> Rice Roasted Vegetables Fresh Fruit</p>	

**Reservations Are Required**  
Please call Neal  
401-421-4111 X 107

**Meals are served at The Dwares JCC**  
**Monday - Thursday and Dwares JCC Friday**

*Suggested donation:*  
**\$3 for lunch**

Join us on Zoom or in person for Activities  
**See back side for the weekly schedule!**



# April Events - Join on Zoom or in-person

Join us on Zoom using this link:

<https://us02web.zoom.us/j/7316265990?pwd=dnAyRFdVZXJDUmhBSEphNko2MVF4dz09>

Or Call: 1-929-205-6099

Meeting ID: 731 626 5990

Passcode: 655768

Tuesday and Thursday activities are in-person at the Dwares JCC and Friday at the JCC, unless otherwise noted.

Tuesday & Thursday activities are also accessed by the Zoom link above.

Wednesdays in person only, Dwares JCC, Exercise with Laura Goodwin, Sponsored by the Mayor's office the City of Providence 11:00-11:45.

## **11:00-12:00 (unless otherwise noted)**

- 4/4 Yoga with Tony
- 4/5-4/6 Closed for Passover
- 4/10 Baking Matzo Bagels
- 4/11 Susie's Corner with Susie Adler, Coordinator of Jewish Elder Care RI
- 4/12-4/13 Closed for Passover
- 4/14 Susie's Corner with Susie Adler, Coordinator of Jewish Elder Care RI
- 4/18 Cheryl Tudino, from Social Security Administration, "Medicare, Retirement, Survivor Benefits, and Fraud"
- 4/20 Book Club, The Forest of Vanishing Stars by Kristin Harmel
- 4/21 April Birthday Celebration, Live Music by Stanley Freedman & Friends, Friday, the Kosher Senior Cafe at Temple Sinai
- 4/24 Baking with Neal and Elaine, make and take, Fruit Tart
- 4/25 "Seven - 19th Century Jewish Inventors You Never Heard Of"
- 4/27 Chair Yoga with Neal
- 4/28 Big Money Bingo - the Kosher Senior Cafe at Temple Sinai

***If you use email and do not receive emails from me, please contact me at [neal@jfsri.org](mailto:neal@jfsri.org)***