



Kosher Meals on Wheels - December 2020

Meals are delivered to your door on Mondays, Wednesdays, and Fridays only

Two meals are delivered on Mondays and Wednesdays

For holidays, you will get 2 meals on the M,W,F before and after the holiday

Reservations are required
 Call Neal # 401-678-6464
Suggested donation: \$3 for lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Call Alissa at Meals on Wheels for concerns regarding food allergies 351-6700</p>	<p>1 Tuscan Bean Soup Tuna Salad Sandwich with Lettuce & Tomato Vegetable Pasta Salad Multi Grain Bread Mixed Fresh Fruit</p>	<p>2 Lentil Soup Crumb Crusted Fish Smashed Sweet Potatoes Broccoli Chocolate Pudding</p>	<p>3 Minestrone Soup Eggplant Parmesan Whole Grain Pasta With Marinara Sauce Baby carrots Fresh Fruit</p>	<p>4 Chicken Soup Stuffed Cabbage Brown rice Mixed Vegetables Apple cake, Challah</p>
<p>7 Vegetable Soup Chicken Pot Pie with Mixed Vegetables & Potatoes Sliced Peaches</p>	<p>8 Minestrone Soup Hot Dog on a Roll Baked Beans Cole Slaw Pineapple Chunks</p>	<p>9 Split Pea Soup Baked Fish Roasted Potatoes Mixed Vegetables Chocolate Pudding</p>	<p>10 Salad Vegetable Chili Tortilla Chips Sliced peaches</p>	<p>11 Chicken Soup Shake & Bake Chicken Roasted Potatoes Green Beans Challah, Apple Strudel</p>
<p>14 Lentil Soup Blintz Soufflé Apples Sauce Oatmeal Raisin Cookie</p>	<p>15 Three Bean Soup Chef Salad with Egg & Tuna Multi Grain Bread Fresh Fruit</p>	<p>16 Corn Chowder Fish with Crumb Top Egg Noodles Steamed Zucchini Tapioca Pudding</p>	<p>17 Tossed Salad English Muffin Pizzas Zucchini Fresh Fruit</p>	<p>18 Chicken Noodle Soup Salmon Croquets Potato Latkes Apple Sauce + Sour Cream Green Bean Challah</p> 
<p>21 Vegetable Soup Chicken Salad Sandwich Lettuce & Tomatoes Vegetable Potato Salad Fresh Fruit</p>	<p>22 Cabbage Soup meatloaf Mashed potato Carrots Fresh Fruit</p>	<p>23 Vegetable Soup Bagel with Cream Cheese & Lox Lettuce & Tomatoes 3 Bean salad Vanilla Pudding</p>	<p>24 Lentil Soup Egg Salad Grinder Carrots Tropical Fruit Salad</p>	<p>25 HOLIDAY No Meal Delivery</p> 
<p>28 Egg Drop Soup Chicken Wings Fried Rice Broccoli Mandarin Oranges</p>	<p>29 Split Pea Soup Meatball Sub Potato Chips Green Beans Fruit Salad</p>	<p>30 Potato Leek Soup Salmon loaf Basmati rice Mixed vegetables Fruit Cocktail</p>	<p>31 Carrot Soup Noodle Kugel with Sour Cream Steamed Broccoli Fresh Fruit</p>	<p style="text-align: center;">Supported by</p>  