

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p><b>CLOSED</b></p> <p><b>LABOR DAY</b></p>	<p>3 Tomato Soup <b>Tuna Salad on Multi Grain Bread, Lettuce and Tomato</b> Vegetable Pasta Salad Fresh Fruit <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>4 Caesar Salad <b>Swedish Meatballs</b> Egg Noodles Carrots Fresh Fruit <b>11:30 Yoga</b> <b>1:00 Susie Adler</b></p>	<p>5 Vegetable Soup <b>Penne Alaodka</b> Garden Salad Bread Fresh Fruit <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>6 Chicken Noodle Soup <b>Honey Garlic Chicken</b> Green Beans Roasted Potatoes Apple Pie, Challah <b>11:15 Dance Therapy</b> <b>1:00 Fire Safety</b></p>
<p>9 Tossed Salad <b>Eggplant Rollatini</b> Pasta with Marinara Sauce Fresh Fruit <b>11:15 Exercise with Dave</b> <b>1:00 Kibbitz</b></p>	<p>10 Beet Borscht <b>Blintz Souffle, Sour Cream</b> Baby Carrots Sliced Peaches <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>11 Chopped Salad <b>Sloppy Joes on Rolls</b> Sweet Potato Fries Fresh Fruit <b>11:30 Yoga</b> <b>1:00 Kibbitz</b></p>	<p>12 Minestrone Soup <b>Perogies with onions</b> Sour Cream Tossed Salad <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>13 Chicken Soup <b>Pesto Chicken</b> Brown Rice, Sautéed Zucchini Peach Crisp, Challah <b>11:15 Sit &amp; Be Fit</b> <b>1:00 Rabbi Adler</b></p>
<p>16 Vegetable Soup <b>French Toast</b> Yogurt with Granola Fresh Fruit <b>11:15 Yoga</b> <b>1:00 Kibbitz</b></p>	<p>17 Tomato Juice <b>Vegetable Quesadilla</b> Sour Cream &amp; Salsa Yellow Rice with Beans Vanilla Pudding <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>18 Egg Drop Soup <b>Chicken Wings</b> Fried Brown Rice Carrots and Peas Fruit Cocktail <b>11:30 Yoga</b> <b>1:00 Kibbitz</b></p>	<p>19 Tomato Soup <b>Grilled Cheese &amp; Tomato</b> Tossed Salad Sliced Peaches <b>11:00 Baking Honey Cake</b> <b>1:00 Kibbitz</b></p>	<p>20 Corn Chowder <b>Orange Glazed Salmon</b> Rice Pilaf Green Beans Cake Challah <b>1:00 Bud Pistacchio Music</b></p>
<p>23 Bean Soup <b>Potato Latkes</b> Apple Sauce &amp; Sour Cream Fresh Fruit <b>11:15 Exercise with Dave</b> <b>1:00 Kibbitz</b></p>	<p>24 Spinach Salad <b>Vegetable Pizza</b> Whole Grain Bread Bananas <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>25 100% Apple Juice <b>Hot Dog on Bun</b> Coleslaw Baked Beans Fresh Fruit <b>11:30 Yoga</b> <b>1:00 Kibbitz</b></p>	<p>26 Tossed Salad <b>Bagels &amp; Lox</b> Cream Cheese Melon <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>27 <b>Rosh Hashanah Program at Temple Sinai</b> Chicken Soup <b>Stuffed Cabbage</b> Pomegranate Apple Salad Carrot Muffins Honey Cake, Challah <b>Bus leaves JCC at 10:15</b></p>
<p>30</p> <p>Closed</p> <p><b>Rosh Hashanah</b></p>		<p><i>May you have a good and sweet year</i></p>	<p>Contact Tim at Blackstone Health with concerns regarding food allergies <b>365-1101</b></p>	<p>The Kosher Senior Café is generously supported by:</p>  