





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Kosher Senior Café brought to you with assistance from</b></p>	 	<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101</p> <p>Suggested Donation \$3.00</p>		<p>1 Chicken Noodle Soup <b>Apricot Chicken</b> Israeli Couscous Roasted Vegetables Challah, Cherry Turnover <b>11:15 Dance Therapy</b></p>
<p>4 Lentil Spinach Soup <b>Pizza Bagels</b> Salad Sliced Peaches, Greek yogurt <b>11:15 Yoga with Neal</b> <b>1:00 Rabbi Dashashti</b></p>	<p>5 Tossed Salad <b>Sole Florentine</b> Rice, Whole Grain Bread Chocolate Pudding <b>11:15 Dance with Donna</b> <b>1:00 Nir on Israel</b></p>	<p>6 100% Apple Juice <b>Beef Stew with Potatoes &amp; Mixed Vegetables</b> Bread, Mandarin Oranges <b>11:00 Games</b> <b>1:00 Rabbi Philmus</b></p>	<p>7 Cream of Broccoli Soup <b>Blintzes with Sour Cream</b> Tossed Salad Whole Grain Bread Fresh Fruit and Greek yogurt <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>8 Chicken Noodle Soup <b>Moroccan Chicken</b> Sweet Potatoes Green Beans, Challah Chocolate Frosted Brownies <b>11:15 Sit and Be Fit</b> <b>1:00 Kibbitz</b></p>
<p>11 Split Pea Soup <b>Perogies with Onions</b> Sour Cream, Zucchini, Fresh Fruit with Greek yogurt <b>11:15 Workout with Dave</b> <b>1:00 Rabbi Zerlin</b></p>	<p>12 Tossed Salad <b>Waffles with yogurt, granola, walnuts, syrup</b> Melon <b>11:15 Dance with Donna</b> <b>1:00 Kibbitz</b></p>	<p>13 Vegetable Soup <b>Schnitzel (Breaded Chicken)</b> Cauliflower, Yellow Rice Bread, Chilled Pears <b>1:00 Kibbitz with Suzie</b></p>	<p>14 Tossed Salad <b>Fish Cakes</b>  Spaghetti with Marinara Spinach, Cookies <b>11:00 Valentine's baking</b> <b>1:00 Valentine's Day Party</b></p>	<p>15 Chicken Noodle Soup <b>Brisket</b> Smashed Potatoes, Carrots Challah, Strawberry cake <b>11:00 Games</b> <b>1:00 Vini Ames - music</b></p>
<p>18 Presidents Day Closed</p>  <p>President's Day</p>	<p>19 Sweet Potato Soup <b>Spanakopita (Spinach Pie)</b> Majadera (Rice &amp; Lentils) Fresh Fruit, Greek yogurt <b>11:15 Dance with Donna</b> <b>1:00 Presidents of the US</b></p>	<p>20 L/S Tomato Juice <b>Chicken Fajitas</b> Onions and Pepper Rice, Salsa, Fruit Cocktail <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>21 French Onion Soup <b>Pizza, Salad</b> Jell-O <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	<p>22 Chicken Noodle Soup <b>Chicken Bruschetta</b> Rice Pilaf, Zucchini Challah, Banana Bread <b>11:15 Yoga with Neal</b> <b>1:00 URI Pharmacy</b></p>
<p>25 Tossed Salad <b>Tuna Noodle Casserole</b> Peas and Corn Whole Grain Bread Fresh Fruit <b>11:15 Workout with Dave</b> <b>1:00 Kibbitz</b></p>	<p>26 Cream Potato Soup <b>Eggplant Parmesan</b> Tossed Salad Bread, Cookies <b>11:15 Dance with Donna</b> <b>1:00 Kibbitz</b></p>	<p>27 Tossed Salad <b>BBQ Pulled Chicken Sandwiches</b> Sliced Peaches <b>11:00 Games</b> <b>1:00 Nir on Israel</b></p>	<p>28 Tomato Rice Soup <b>Mediterranean Flounder</b> Roasted Potatoes Whole Grain Bread Mixed Vegetables Fresh Fruit <b>11:00 Games</b> <b>1:00 Kibbitz</b></p>	