




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 100% Pineapple Juice Pepper Steak zucchini brown rice fruit cocktail 11:30 Yoga with Neal 1 Kibbitz</p>	<p>4 Escarole Soup Eggplant Rollatini with whole wheat pasta and marinara sauce tossed salad, fruit cocktail 11 Games 1 Kibbitz</p>	<p>5 Corn Chowder Sole with Crumb Topping sweet potatoes roasted vegetables oatmeal cookie 11:15 Dance with Donna 1 Kibbitz</p>	<p>6 Mixed Bean Soup Egg Salad grinder on wheat roll vegetable pasta salad fresh fruit 11 Games 1 Kibbitz</p>	<p>7 Hanukkah Party 11-1 Butternut squash soup Salmon croquettes potato latkes, sour cream applesauce, carrots cookies, challah</p>
<p>10 100% Orange Juice Scrambled Eggs ground beef hash spinach, bread, fresh fruit 11:15 Workout with Dave 1 Kibbitz</p>	<p>11 Barley Soup Chef Salad with tuna and Swiss cheese multi grain bread, fresh fruit 11 Games 1 Kibbitz</p>	<p>12 Split Pea Soup American Chop Suey broccoli sliced peaches 11:15 Dance with Donna 1 Rabbi Kaunfer</p>	<p>13 Hearty Tomato Soup Noodle Kugel with sour cream scoop of egg salad Glazed carrots, peaches 11 Games 1 Kibbitz</p>	<p>14 Chicken Orzo Soup Pineapple chicken Roasted potatoes baby carrots cake, challah 11:15 Dance Therapy 1 Rabbi Voss-Altman</p>
<p>17 Potato Leek Soup Sloppy Joe whole wheat bun sweet potato fries baby cooked carrots, fruit 11:30 Yoga with Neal 1 Kibbitz</p>	<p>18 Vegetable soup Cheese quesadilla sour cream, guacamole brown rice and beans tossed salad, fresh fruit 11 Games 1 Kibbitz</p>	<p>19 Corn chowder Sole with crumb topping scalloped potatoes peas oatmeal raisin cookie 11:15 Dance with Donna 1 Kibbitz with Suzie</p>	<p>20 French Onion Soup Cheese quiche home fries peppers and onions Chilled apricots 11 Cookie Bake 1 Kibbitz</p>	<p>21 Chicken Soup Brisket kasha varnishkes broccoli pumpkin roll, challah 11:15 Sit and Be Fit 1 Kibbitz</p>
<p>24 Lentil Soup Blueberry blintz with sour cream carrots, pudding 11:15 Workout with Dave 1 Kibbitz</p>	<p>25 CLOSED CHRISTMAS</p>	<p>26 Lentil Soup Seafood crepe brown rice pilaf cauliflower, pudding 11:15 Dance with Donna 1 Nir Cafri on Israel</p>	<p>27 Cabbage Soup Spinach and cheese calzone tossed salad vanilla pudding 11 Games 1 Kibbitz</p>	<p>28 Chicken Noodle Soup Shake & Bake Chicken egg noodles, string beans blueberry turnover challah 11:15 Yoga with Neal 1 Kibbitz with Tara</p>
<p>31 100% Apple Juice Chicken pot pie with carrots, peas, and potatoes hot apples 11:30 Yoga with Neal 1 Kibbitz</p>	<p>Contact Tim at Blackstone Health with concerns regarding food allergies 365-1101 Suggested Donation \$3.00</p>	<p>Kosher Senior Café brought to you with assistance from</p>	 <p>BLACKSTONE HEALTH</p>  <p>Jewish Alliance OF GREATER RHODE ISLAND</p>	 <p>Happy Hanukkah</p>